

TRUST & TELL

MISSION:

YOU CAN HELP BY
TELLING A TRUSTED ADULT!

ISSUE 1



#SAVETHESEVEN



HI, I'M MITTENS, YOU MAY HAVE MET ME BEFORE

I'M GOOD AT SPOTTING THINGS OTHERS DON'T

THAT MAKES ME TOP MINI POLICE AROUND HERE



THIS IS MY NEW MISSION 'TRUST AND TELL' DO YOU LIKE MY BADGE?



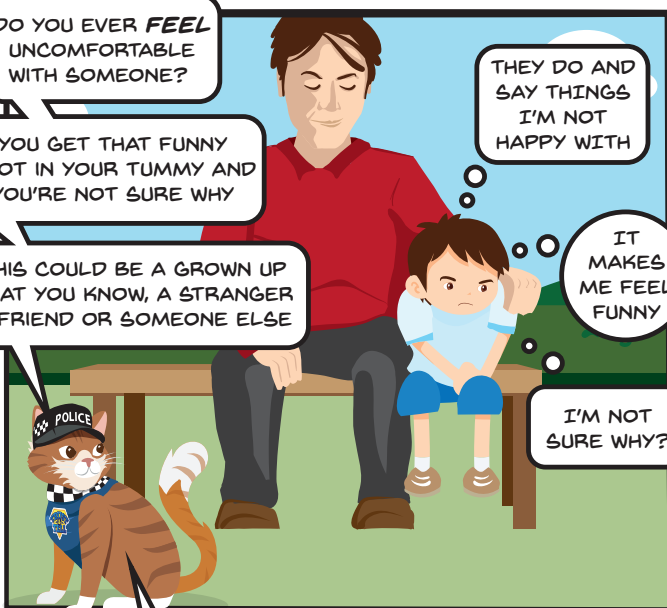
YOU COULD REALLY HELP ME DO MY JOB

OUR MISSION IS TO HELP CHILDREN TO FIND A TRUSTED ADULT AND TELL THEM IF SOMETHING IS WRONG, IF THEY ARE WORRIED OR UPSET YOU SHOULD ALWAYS... 'TRUST AND TELL'

THIS IS VERY IMPORTANT

IF YOU NOTICE THE THINGS I'M GOING TO SHOW YOU HAPPENING

YOU NEED TO 'TRUST AND TELL' TO HELP ME WITH MY MISSION



DO YOU EVER FEEL UNCOMFORTABLE WITH SOMEONE?

YOU GET THAT FUNNY KNOT IN YOUR TUMMY AND YOU'RE NOT SURE WHY

THIS COULD BE A GROWN UP THAT YOU KNOW, A STRANGER A FRIEND OR SOMEONE ELSE

THEY DO AND SAY THINGS I'M NOT HAPPY WITH

IT MAKES ME FEEL FUNNY

I'M NOT SURE WHY?

IF IT DOESN'T FEEL RIGHT, IT COULD BE BECAUSE SOMETHING IS WRONG, SO 'TRUST AND TELL'



LET'S KEEP THIS BETWEEN US IT CAN BE OUR LITTLE SECRET...

YOU DON'T WANT TO BE NAUGHTY

IF SOMEONE ASKS YOU TO KEEP A SECRET OR A SURPRISE AND YOU'RE NOT SURE, IT'S BETTER TO SHARE IT WITH A TRUSTED ADULT, IT'S NOT NAUGHTY, ALWAYS 'TRUST AND TELL'





LEAVE ME ALONE!!

WHY IS HE BEHAVING DIFFERENTLY?

HE IS NORMALLY REALLY NICE



I DON'T KNOW WHO TO TALK TO, I DON'T WANT TO GET IN TROUBLE!

IT FEELS WRONG!

I FEEL LIKE NOTHING CAN BE DONE AND I CAN'T STOP IT



QUESTION

DO YOU KNOW WHO YOU SHOULD SAY SOMETHING TO YET, CAN YOU GIVE SOME EXAMPLES?

IF ONE OF YOUR FRIENDS, IS UPSET, SAD OR ANGRY HELP THEM BY TELLING SOMEONE WHO CAN HELP



IF YOU OR SOMEONE ELSE IS FEELING LONELY, LIKE YOU HAVE NO ONE TO TALK TO THEN 'TRUST AND TELL' TRUSTED ADULTS CAN HELP WITH YOUR WORRIES AND STOP BAD THINGS FROM HAPPENING



IM NOT SURE WHAT I SHOULD DO?

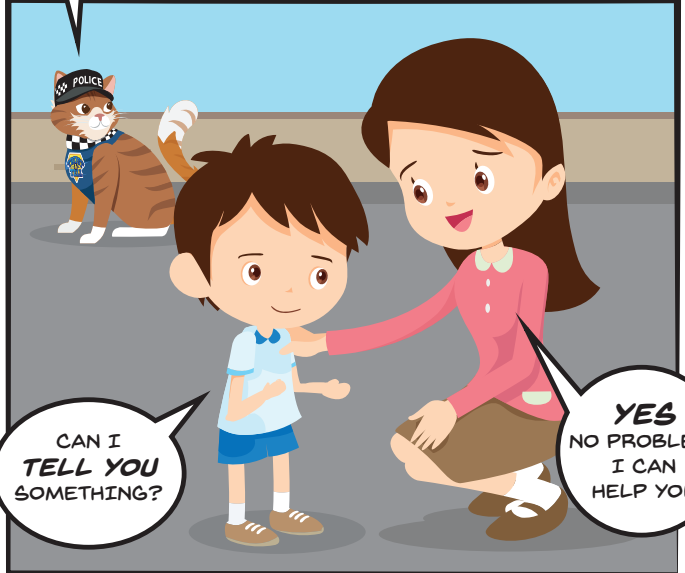
REMEMBER IF IT DOESN'T FEEL RIGHT, IT MIGHT BE WRONG

ALL YOU HAVE TO DO IS 'TRUST AND TELL' TRUSTED ADULTS CAN HELP YOU WITH ANYTHING THAT YOU ARE WORRIED ABOUT



'TRUST AND TELL' YOU WON'T GET INTO TROUBLE

IT IS NEVER NAUGHTY OR BAD TO FIND A TRUSTED ADULT AND SHARE A WORRY THEY CAN HELP YOU



CAN I TELL YOU SOMETHING?

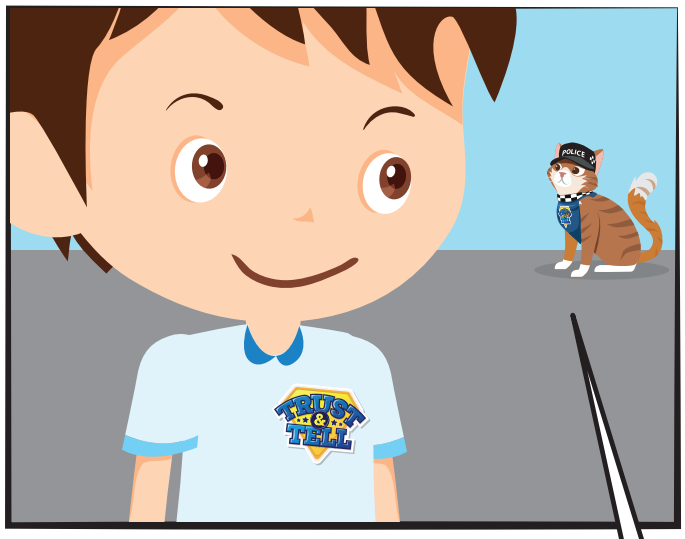
YES NO PROBLEM, I CAN HELP YOU



THANKS FOR HELPING ME..

I'M ALWAYS LOOKING FOR BRAVE MINI POLICE! TO HELP WITH MY MISSION

SO, WHAT DO YOU NEED TO DO?



IF IT FEELS WRONG, TELL A TRUSTED ADULT!

HELP TRUST AND TELL AND MAKE A REAL DIFFERENCE



CONGRATULATIONS

THIS IS TO CERTIFY THAT

IS NOW A MEMBER OF THE SAVE THE SEVEN TEAM



SPOT THE DIFFERENCE

YOU ARE REALLY GOOD AT SPOTTING THINGS!

SEE IF YOU CAN FIND

6 DIFFERENCES

BETWEEN THESE TWO PICTURES?



INFORMATION FOR PARENTS

TRUST AND TELL IS AN INITIATIVE UNDER THE BANNER OF "SAVE THE SEVEN" WHICH IS THE STRATEGIC AIM.

You should have already received information from the school about what is being delivered and some of the aims. Now we have delivered the resources here are some suggestions of things to talk about with your child.

Save the Seven is an initiative focussing on reducing child abuse. What we know is that for every eight children who have been sexually abused, only one will speak out and tell a trusted adult, leaving the remaining seven vulnerable.

There are lots of reasons why children don't speak out about abuse, they may be scared, embarrassed or not aware that something happening to them is wrong or know that a trusted adult can help. Always encourage your child to speak out if they are ever worried, scared or frightened, telling the truth is a brave thing to do and secrets should never be kept!

Identifying the difference between keeping secrets and surprises can help a child to understand when they should speak out or ask for help.

The Trust and Tell initiative helps children identify who their 'trusted adults' are and encourages them to speak out if something is upsetting them or causing them to worry

Although it may be difficult it's important that your child is aware of the names for all of their body parts and that

these parts – especially the private ones are private. There are a range of resources that can help you to talk about this in a fun way, the school can point you towards these. Simply reminding your child that pants are private and no one should touch them can help to keep them safe.

The aim of this initiative is to keep children safe. We are aware that statistics related to abuse can be frightening and we do not want to cause undue concern but want to be proactive to reduce the number of children affected. We also acknowledge that many parents or carers might be affected by this issue.

If you would like further information or to discuss anything about this subject please speak to your school PSHE lead or Designated Safeguarding Lead. Information and support is also available from <http://www.eraseabuse.org>

For more information on Mini Police visit <https://www.durham.police.uk/Pages/Mini-Police.aspx>

